

July 25, 2014



### 3MV Energy Announces Results from the Annual Meeting of Shareholders and Issuance of Shares

Calgary, AB – 3MV Energy Corp. (“3MV” or the “Company”) (TSXV: TMV) is pleased to announce that all matters set out in our management information circular dated June 13, 2014 for the 2014 Annual Meeting of Shareholders held on July 16, 2014 (the “Meeting”) were approved by shareholders. The detailed results of the vote are set out below:

<b>Director Nominee</b>	<b>Votes For</b>	<b>% For</b>	<b>Votes Withheld</b>	<b>% Withheld</b>
Ronald B. Baba	25,994,335	99.84 %	42,608	0.16 %
James P. Boyle	25,994,335	99.84 %	42,608	0.16 %
Dallas C. Duce	25,994,335	99.84 %	42,608	0.16 %
Donald O. Fairholm	25,994,335	99.84 %	42,608	0.16 %
Alex Francoeur	25,994,335	99.84 %	42,608	0.16 %

<b>Appointment of the Auditor</b>	<b>Votes For</b>	<b>% For</b>	<b>Votes Withheld</b>	<b>% Withheld</b>
KPMG LLP, Chartered Accountants	26,036,943	100.00 %	0	0.00 %

<b>Approval of the Stock Option Plan</b>	<b>Votes For</b>	<b>% For</b>	<b>Votes Against</b>	<b>% Against</b>
Proposed by management in the Circular	25,963,657	99.72 %	75,286	0.28 %

### Issuance of Shares

Further to its press releases dated June 16, 2014, 3MV is pleased to announce that it has issued 264,920 shares of the Company to Audax Investments Ltd (“Audax”) in relation to interest payable quarterly on the \$2MM secured draw down facility term loan. The debt facility bears interest at eight percent (8%) per annum, calculated and payable quarterly at the greater of the volume weighted average market price of the shares of 3MV on the five trading days preceding payment date or the discounted market price based on closing price at payment date. Following this issue, there will be 51,482,322 Common shares of the Company issued and outstanding. The issuance of the common shares will not result in a change of control.

Audax is a corporation controlled by Dallas Duce, Interim CEO, a director and control person of 3MV.

### About 3MV

3MV is an oil and gas exploration and development company with assets throughout west central Saskatchewan’s Viking oil play.

**For Further Information Please Contact:**

Dallas Duce  
Interim CEO  
(403) 234-8998

OR

Billy Abbey  
CFO, VP Finance  
(403) 234-8998

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***Forward-Looking Statements***

*Certain statements in this news release constitute forward-looking statements. The forward-looking statements contained in this document are based on certain key expectations and assumptions made by 3MV. Although 3MV believes that the expectations and assumptions on which the forward-looking statements are based are reasonable, undue reliance should not be placed on the forward-looking statements because 3MV can give no assurance that they will prove to be correct.*

*Since forward-looking statements address future events and conditions, by their very nature they involve inherent risks and uncertainties. Actual results could differ materially from those currently anticipated due to a number of factors and risks. These include, but are not limited to, the failure to obtain necessary regulatory approvals, risks associated with the oil and gas industry in general, commodity price and exchange rate fluctuations and uncertainties resulting from potential delays or changes in plans with respect to exploration or development projects or capital expenditures. Readers are cautioned that the foregoing list of factors is not exhaustive. Additional information on these and other factors that could affect 3MV's operations and financial results are included in reports on file with Canadian securities regulatory authorities and may be accessed through the SEDAR website ([www.sedar.com](http://www.sedar.com)).*

*The forward-looking statements contained in this document are made as of the date hereof and 3MV undertakes no obligation to update publicly or revise any forward-looking statements or information, whether as a result of new information, future events or otherwise, unless so required by applicable securities laws.*

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